Overall Reimbursement Guide 2026

(Extra) Aanvullend, ExtraVerzorgd and JongerenVerzorgd additional insurance policies, and TandVerzorgd dental insurance.

menzis

29801_Vergoedingswijzer_Engels.indd 1 8-12-2025 12:55:51

In this Overall Reimbursement Guide you can find an overview of the basic insurance policies, as well as the additional and dental insurance policies offered by Menzis. The services and reimbursements you are entitled to are listed for each type of care. The services and reimbursements specified below are per insured person per calendar year unless otherwise stated. Conditions and restrictions may apply that are not specified below. For more information on these conditions and restrictions check the insurance terms and conditions. These can be found at **menzis.nl/voorwaarden** or can be requested from the Menzis customer service team on +31 (0)88 222 40 40.

Please note: the overview provides an overall description of your entitlements. Conditions may apply to the different types of care. You will only be entitled to reimbursement of the relevant care if you meet these conditions. Examples of these conditions include a referral from your general practitioner but also the condition that your care provider is a member of a specific professional association or that you must obtain permission from Menzis beforehand. These conditions have not been included in this overview but you can find them in the insurance terms and conditions. Restrictions may also apply, such as a maximum number of treatment sessions. For full information on the restrictions, consult the insurance terms and conditions. This Overall Reimbursement Guide is intended only to make it easy to compare the different insurance policies.

No rights can be derived from the Reimbursement Guide.

Menzis dental insurance policies

Under the Menzis Basis and Menzis Basis Vrij basic insurance policies you can take out separate dental insurance. The additional insurance under the Menzis Basis Voordelig basic insurance policy combines additional and dental insurance in one policy. The main reimbursements available under the dental insurance policies are set out below. If the care you require is not included in the overview, take a look at our terms and conditions at **menzis.nl/voorwaarden**.

	TandVerzorgd 250	TandVerzorgd 500	TandVerzorgd 750	JongerenVerzorgd	Aanvullend	Extra Aanvullend
Dental care from 18 years of age, such as six-monthly check-up, preventive oral care, anaesthesia, X-rays, fillings, etc.	75% reimbursement up to € 250 (100% for C001, C002 and C003)	75% reimbursement up to € 500 (100% for C001, C002 and C003)	75% reimbursement up to € 750 (100% for C001, C002 and C003)	75% reimbursement up to € 150 (100% for C001, C002 and C003)	75% reimbursement up to € 250	75% reimbursement up to € 500 (100% for C001, C002 and C003)
Orthodontics up to 18 years of age	-	-	Maximum of € 2,000 for the full duration of the insurance	-	-	-
Orthodontics from 18 years of age	-	-	Maximum of 80% up to € 500 for the full duration of the insurance	-	-	-
Dental expenses after an accident (in the Nederlands)	€ 10,000	€ 10,000	€ 10,000	€ 10,000	€ 10,000	€ 10,000

Menzis additional insurance policies

The main reimbursements available under the additional insurance policies are set out below. If the care you require is not included in the overview, take a look at our terms and conditions at **menzis.nl/voorwaarden**.

The Buitenland & Tandongeval additional insurance can be taken out under all basic insurance policies. The other additional insurance policies can be taken out under the basic insurance policies indicated in the table.

Additional insurance	Buitenland & Tandongeval
Emergency dental care abroad	€ 250
Emergency care abroad	100% (in addition to basic insurance)
Transport when ill, after suffering an accident or upon death (abroad)	100%
Dental expenses after an accident (in the Nederlands)	€ 10,000

Menzis additional insurance policies

Basic insurance	Basis and Basis Vrij	Basis and Basis Vrij	Basis and Basis Vrij	Basis and Basis Vrij	Basis Voordelig	Basis Voordelig
Additional insurance	**ExtraVerzorgd 1**	**ExtraVerzorgd 2**	**ExtraVerzorgd 3**	**JongerenVerzorgd**	**Aanvullend**	**Extra Aanvullend**
Physiotherapy from 18 years of age						
Free choice	6 treatment sessions	12 treatment sessions	20 treatment sessions	6 treatment sessions	4 treatment sessions	6 treatment sessions
For specific disorders*	20 treatment sessions	20 treatment sessions	20 treatment sessions	20 treatment sessions	20 treatment sessions	20 treatment sessions
After an accident	16 treatment sessions	16 treatment sessions	16 treatment sessions	16 treatment sessions	16 treatment sessions	16 treatment sessions
Alternative care	-	Maximum of € 300	Maximum of € 500	Maximum of € 200	-	-
Informal (voluntary) care	-				-	-
Courses		Maximum of € 100	Maximum of € 150	Maximum of € 100		
Advice		Maximum of € 350 per 2 years	Maximum of € 350 per 2 years	-		
Respite care		Maximum of € 2,325 per year	Maximum of € 2,325 per year	-		
Hello 24/7	Access to premium version	Access to premium version	Access to premium version	-		
Glasses and contact lenses (from Pearl, Hans Anders and Specsavers)	-	€ 75 per 2 calendar years	€ 125 per 2 calendar years	€ 75 per 2 calendar years	-	-
Foot care (orthopaedic arch supports, chiropody and podiatry)	-	Maximum of € 150	Maximum of € 200	-	-	-
	-					
Medical pedicure		Maximum of € 50 for care profile 1	Maximum of € 50 for care profile 1	-	-	
Maternity care (after home birth and hospital admission)	-	Personal contribution is reimbursed in full	Personal contribution is reimbursed in full	-	-	-
		After hospital admission, 16 hours of extra maternity care	After hospital admission, 16 hours of extra maternity care			
Abroad: Vaccination for travelling abroad	€ 100	€ 100	€ 100	€ 100	-	-
Emergency dental care	€ 250	€ 250	€ 250	€ 250	€ 250	€ 250
Emergency care	100% (in addition to basic insurance)	100% (in addition to basic insurance)	100% (in addition to basic insurance)	100% (in addition to basic insurance)	100% (in addition to basic insurance)	100% (in addition to basic insurance)
Contraception	100% (from 21 years of age)	100% (from 21 years of age)	100% (from 21 years of age)	100% (from 21 years of age)	-	-

** A specific disorder applies if your disorder is included in annex 1 of the Dutch Healthcare Insurance Decree.*

How to switch:

1. Go to menzis.nl/collectief.
2. Search for your employer and discover your discount and extras.
3. Select your health insurance and take it out.

Done! You do not need to do anything else. Menzis will cancel your current insurance.

Would you prefer personalised advice?

Call the Menzis Switching Coach on +31 (0)88 222 49 00.

You have until 31 December to switch.

No rights can be derived from this Overall Reimbursement Guide.